

# Center Grove Girls Basketball League

## Covid Plan

### Contact Tracing Procedures (specific to our program)

- **Check In**
  - Parents will check in each player providing player name, contact telephone number, practice date, school and parents name(see attached document) to all practices and games
  - Coach will maintain record of attendance for their team.
  - Parents must not wait in the gyms or practice facilities during practice sessions. They may wait outside the facility or in their cars.
  - ALL Covid cases or quarantine cases must be reported to our CGGBL President or Vice President by the coach or parent.
  - If we receive notice that a player/parent or family member has tested positive or been quarantined a call will be made to coaches to get their attendance records for the last 14 day and the CGGBL BOD will reach out to all parties involved. We will also notify the school system if they have not been previously notified.

### Social Distancing Protocol

- **Practices**
  - ALL players and coaches must wear masks, covering their mouth and nose, in practice. This applies if you are doing half court sets or drills where players can't be distanced. If you are not on the court during a scrimmage players must be wearing a mask, covering their mouth and nose.
  - If they are doing full court drills, scrimmaging or running sprints, masks do not need to be covering their face. Only players that are on the court are exempt from wearing mask.
  - Parents will not wait in the gyms or practice facilities during practice sessions. They may wait outside the facility, using appropriate social distancing or in their cars.
- **Games**
  - ALL players and coaches must wear masks, covering their mouth and nose, while on the bench during games.
  - If they are on the court then they are exempt from wearing a mask.
  - If games are held at our facilities, seating for coaches and players will be social distanced by 6 feet.
  - All parents will be required to observe social distancing and be wearing mask in the stands.

# General Protocol

## **Symptomatic and tested POSITIVE for COVID-19 (whether or not a close contact of a COVID-19 positive person):**

- The individual must isolate at home for at least 10 days, be 24 hours fever-free without the use of fever-reducing medications and show improvement of symptoms.
- Siblings, household contacts and other close contacts need to quarantine for 14 days after the last exposure to the positive person.
- Repeat testing is NOT recommended for deciding when people can return to work or school.

## **NO symptoms and tested POSITIVE for COVID-19 (whether or not a close contact of a COVID-19 positive person):**

- Must isolate at home for 10 days after the date the sample was collected.
- Siblings, household members, and other close contacts must quarantine for 14 days from the last date of exposure before returning to practice/games. If the exposure is a household member and the case cannot properly isolate away from others at home, the last date of contact may be the last date of isolation for the case.

## **Close Contact resulting in Quarantine**

- If a player/coach/household member has been in close contact with someone with confirmed COVID-19:
  - Quarantine for 14 days from the date of last contact with the positive individual before returning to practice and games.
  - Must remain symptom-free.
  - If an individual develops symptoms, then refer to the symptomatic protocols and contact your healthcare provider.

## **Contact Tracing**

- **If a person tests positive for COVID-19 or quarantined by your school or the JCHD, please notify your coach and the CGGBL BOD at [emailcggb@gmail.com](mailto:emailcggb@gmail.com).** The individual will be asked about close contacts they have had the two days prior to the first day of symptoms.
  - No identifiable information will be given regarding the person who tested positive.
  - If students/coaches/household members are a close contact of a person who tested positive and it is determined by the JCHD that they need to quarantine, they will be informed that they recently came in contact with a person who tested positive for COVID-19 and that they will need to quarantine for 14 days and monitor for symptoms.
  - Only those who are identified as a close contact will be notified to quarantine.

**Symptomatic and tested NEGATIVE for COVID-19 and NOT a close contact of a COVID-19 positive person:**

- The individual must be 24 hours fever-free without the use of fever-reducing medication and show improvement of symptoms, unless advised otherwise by a healthcare provider. The individual does not need an alternate diagnosis.
- Close contacts do not need to quarantine.

**Symptomatic and tested NEGATIVE and IS a known close contact of a COVID-19 positive person:**

- The individual must quarantine for 14 days after the last contact with the COVID-19 positive person. If the exposure is to a household member and the case cannot properly isolate away from others at home, the last date of contact may be the last day of isolation for the case.
- The individual must be 24 hours fever free without the use of fever-reducing medications. An alternate diagnosis is not required.
- The criteria of both need to be met before returning to practice/games.

**NO symptoms and tested NEGATIVE for COVID-19 and IS NOT a known close contact of a COVID-19 positive person:**

- May attend practices/games.

**NO symptoms and tested NEGATIVE for COVID-19 and IS a known close contact of a COVID-19 positive person;**

- Must quarantine for 14 days from the last date of exposure before returning to practice/games. If the exposure is a household member and the case cannot properly isolate away from others at home, the last date of contact may be the last date of isolation for the case.

## COVID-19 DEFINITIONS

- **Isolation:** Keeps someone who is sick or tested positive for COVID-19 without symptoms away from others, even in their own home
- **Quarantine:** Keeps someone who was in close contact with someone who has COVID-19 away from others.
- **Close contact\***
  - Within 6 feet of a confirmed case for more than 15 minutes total in a day. This can include single encounters of more than 15 minutes or multiple interactions within a single day adding up to more than 15 minutes.
  - Had physical contact with the person.
  - Had direct contact with the respiratory secretions of the person (i.e., from coughing, sneezing, contact with dirty tissue, shared drinking glass, food, or other personal items).
  - Lives with or stayed overnight for at least one night in a household with the person.
  - Note: These close contact criteria apply regardless of mask use, face shields, or physical barriers, such as Plexiglas or plastic barriers.

Prepared by the CGGBL Board of Directors

Approved: Wednesday, December 9, 2020, 04:23:47 PM EST, Swearingen Elizabeth - Health Dep

Betsy Swearingen  
Director  
Public Health Preparedness Coordinator  
Johnson County Health Department